



STAY OK

Module 5

GOAL SETTING WORKSHEET

USE THIS WORKSHEET TO ANALYZE THE COMMUNITY'S WELLBEING IN YOUR LOCAL CONTEXT. REMEMBER TO MAKE YOUR GOALS SMART: SPECIFIC, MEASURABLE, ACHIEVABLE, RELEVANT, AND TIME-BOUND

S

STRENGTHS

WHAT ARE THE KEY FACTORS THAT CONTRIBUTE TO STRONG COMMUNITY ENGAGEMENT IN OUR AREA?

W

WEAKNESSES

WHAT STRATEGIES CAN BE IMPLEMENTED TO RAISE AWARENESS ABOUT THE IMPORTANCE OF COMMUNITY WELL-BEING?

O

OPPORTUNITIES

HOW CAN WE LEVERAGE TO ENHANCE COMMUNITY WELL-BEING PROGRAMS?

T

THREATS

WHAT MEASURES CAN BE TAKEN TO SAFEGUARD COMMUNITY WELL-BEING





STAY OK

Module 5

GOAL SETTING WORKSHEET

USE THIS WORKSHEET TO SET PROFESSIONAL GOALS
FOR COMMUNITY WELLBEING. REMEMBER TO MAKE
YOUR GOALS SMART: SPECIFIC, MEASURABLE,
ACHIEVABLE, RELEVANT, AND TIME-BOUND

S

SPECIFIC

WHAT DO WE WANT TO
ACCOMPLISH?

M

MEASURABLE

HOW WILL WE KNOW
WHEN IT IS
ACCOMPLISHED?

A

ACHIEVABLE

HOW CAN THE GOAL BE
ACCOMPLISHED?

R

RELEVANT

DOES THIS SEEM
WORTHWHILE?

T

TIME BOUND

WHEN CAN WE
ACCOMPLISH THIS GOAL?

